

Papaya Enzyme Chewable

Nature's Harmony® Papaya Enzyme Chewable is an exceptional natural digestive aid to help improve digestion and nutrient assimilation.

PRODUCT CODE: 400838

HEALTH SOLUTIONS:

| RECOMMENDED USE | DOSAGE FORM | RECOMMENDATIONS |
|--|-------------|---|
| To support good digestion, aiding in the better assimilation of nutrients. | Tablets | Adults take 1 tablet before each meal. Do not exceed three tablets daily. Consult a health care practitioner for prolonged use. |

DESCRIPTION:

Each capsule of Nature's Harmony® Papaya Enzyme Chewable contains 100 mg of papain (providing 2,000 PU1/mg), 20 mg of bromelain (providing 2,000 GDU2/g), 20 mg of protease (providing 500,000 HUT3/g), 10 mg of lipase (providing 8,000 USP4/g), 5 mg of cellulase (providing 1,000 CU5/g), 2 mg of alpha-amylase (providing 3,500 SKB6/g). This product is free of egg, shellfish, sulfites, artificial colours, flavours, and preservatives, and animal derivatives.

1. PU = papain units; 2. GDU = gelatin-dissolving units; 3. HUT = hemoglobin unit tyrosine base; 4. USP = US Pharmacopeia; 5. CU = cellulase units; 6. SKB = Sandstedt, Kneen, and Blish.

Recommended Daily Allowance: N/A

Food Sources: N/A

Causes of Deficiency: Genetics, illness, injury, excess exercise and lack of exercise, aging, toxins, stress.

Symptoms of Deficiency: Indigestion, pancreatitis, heartburn, gas, diarrhea, constipation.

Complementary Nutrients: Healthful diet and lifestyle.

HOW IT WORKS:

Papain, the digestive enzyme derived from the papaya fruit, acts in much the same way on protein as the digestive enzyme pepsin, which is produced in the stomach. Papain is also used as a meat tenderizer for this reason. Bromelain, derived from pineapple, also helps to digest protein, as well as fibrin; in addition, it has an anti-inflammatory effect on the digestive system. The pancreatic enzymes, protease, lipase, and amylase act on protein, fat, and carbohydrate, respectively, in the digestive process. Cellulase is the enzyme necessary to digest the fruit and vegetable fibre cellulose. The combination of enzymes results in a wider range of optimal pH, synergism of the combined enzymes, greater absorption, higher level of effectiveness, and broader range of application. Because this formula is so effective in improving food digestion, it improves nutrient assimilation and is helpful for digestive conditions such as indigestion, pancreatic insufficiency, pancreatitis, heartburn, gas, diarrhea, and constipation.



DID YOU KNOW...

The papaya fruit is the only natural source of papain, a digestive aid that breaks down protein and cleanses the digestive tract.

Papaya Enzyme Chewable

RESEARCH:

The ingredients in this formula have been studied alone and in combination, and they have been shown to be significantly effective in improving digestion, establishing the beneficial role of oral enzyme supplementation. Human trials directly demonstrate that the enzymes in this formula indeed reach the stomach and small intestine intact and exert biologically relevant actions. Furthermore, the enzymes have been well characterized as to their sites of action regarding their respective substrates.

SIDE EFFECTS:

Occasional gastric disturbances may occur in some sensitive individuals and in those who are allergic to papaya or bromelain.


INTERACTIONS AND SAFETY CONSIDERATIONS:

Do not use if you have stomach ulcers.

OTHER CONSIDERATIONS:

Do not use if you are pregnant or breastfeeding. Keep out of reach of children.

LABEL:



Natures Harmony®

Enzyme de papaye
Comprimés à mâcher


Pour le soutien de la digestion
60 comprimés

Usage recommandé : Pour soutenir la digestion.
Dose recommandée (Adultes) : Mâcher 1 comprimé immédiatement avant chaque repas. Ne pas excéder trois comprimés par jour. Consulter un praticien de soins de santé pour un usage prolongé.

Ingédients médicinaux :
Chaque comprimé contient :

| | |
|--|--------|
| Papaine (Carica papaya - fruit de papaye) | 100 mg |
| fournissant 200 000 PU* | |
| Bromélaïne (Ananas comosus - tige d'ananas) | 20 mg |
| fournissant 40 GDU† | |
| Protéase (Aspergillus oryzae) | 20 mg |
| fournissant 10 000 HUT‡ | |
| Lipase (Rhizopus oryzae) | 10 mg |
| fournissant 80 USP§ unités | |
| Cellulase (Trichoderma longibrachiatum) | 5 mg |
| fournissant 5 CU¶ | |
| Alpha-amylassé (Aspergillus oryzae) | 2 mg |
| fournissant 7 SKB** | |
| Unités de papaine¹, unités de digestion de la gélatine², unités d'hémoglobine à base de Tyrosine³, US Pharmacopectia¹, unités de cellulase³, Sandstedt, Kneen and Bilsch¹. | |

Information sur les risques : Les femmes enceintes ou allaitantes et les personnes souffrant d'ulcères d'estomac doivent éviter de prendre ce produit.
Ce produit ne contient pas d'oeuf, crustacés, sulfites, dérivés d'origine animale, ou colorants, arômes ou agents de conservation artificiels.
RANGER DANS UN ENDROIT FRAIS ET SEC.
TENIR HORS DE PORTEE DES ENFANTS.



Natures Harmony®

Papaya Enzyme Chewable

For Digestive Support
60 Tablets

Recommended Use: As support for digestion.
Recommended Dose: Adults chew 1 tablet before each meal. Do not exceed three tablets daily. Consult a health care practitioner for prolonged use.

Medicinal Ingredients:
Each tablet contains:

| | |
|---|--------|
| Papain (Carica papaya – papaya fruit) | 100 mg |
| providing 200,000 PU* | |
| Bromelain (Ananas comosus – pineapple stem) | 20 mg |
| providing 40 GDU† | |
| Protease (Aspergillus oryzae) | 20 mg |
| providing 10,000 HUT‡ | |
| Lipase (Rhizopus oryzae) | 10 mg |
| providing 80 USP§ units | |
| Cellulase (Trichoderma longibrachiatum) | 5 mg |
| providing 5 CU¶ | |
| Alpha amylase (Aspergillus oryzae) | 2 mg |
| providing 7 SKB** | |
| Papain Units¹, Gelatin Digesting Units², Hemoglobin Unit Tyrosine base¹, US Pharmacopectia¹, Cellulase Units¹, Sandstedt, Kneen & Bilsch¹ | |

Non-medicinal Ingredients: Dextrose, cellulose, magnesium stearate, stavia extract, silicon dioxide, citric acid, papaya and pineapple fruit flavours.

Risk Information: Do not use if pregnant, breastfeeding or if you have stomach ulcers. This product does not contain egg, shellfish, sulfites, animal derivatives or artificial colours, flavours or preservatives.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

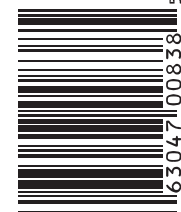
Actual Size
Grandeur réelle

DO NOT USE IF SEAL UNDER CAP IS BROKEN.
NE PAS UTILISER SI L'OPERCULE INTERIEUR EST BRISÉ.

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