



## Kids Grape Chewable Moducare®

*Naturally flavoured and sugar free, Kids Moducare® is especially formulated to restore, strengthen and balance the immune system of your child. Great tasting, it contains a patented blend of sterols and sterolins in a clinically proven ratio of 100:1. This formulation has been found to be effective at enhancing an underactive immune system and/or modulating an overactive one. Taken daily, it also helps prevent bacterial and viral infections and is a strong anti-inflammatory.*

PRODUCT CODE: 665125

### HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
Helps to support a healthy immune system balance.	Chewable tablet	<i>Children 5 to 10 years:</i> Take 1 tablet, one or two times daily. <i>Children 11 to 16 years:</i> Take 1 tablet, twice daily. <i>Adults and children 17 years and over:</i> Take 1 tablet three times daily OR 2 tablets upon arising and 1 tablet before bed. For best results, take with water or juice between meals on an empty stomach. Use for a minimum of two to three months to see a beneficial effect.

### DESCRIPTION:

Nature's Harmony® Kids Grape Chewable Moducare® is an excellent source of plant sterols and sterolins. These beneficial plant fats, also known as phytosterols, are found in fruits, vegetables, nuts and seeds. Phytosterols offer immune-enhancing properties and can activate the cells that regulate immunity. Phytosterols also have anti-inflammatory properties and can help lower the release of the stress hormone cortisol. These combined benefits of phytosterols offer significant support to daily immune system health. This chewable dosage form is also suitable for adults who have difficulty swallowing capsules.

**Recommended Daily Allowance:** N/A

**Food Sources:** In limited amounts in vegetables, fruit, nuts, seeds.

**Causes of Deficiency:** Weakened immune function from illness, poor diet and certain prescription medications.

**Symptoms of Deficiency:** Frequent colds or infection, autoimmune conditions, allergies, fatigue.

**Complementary Nutrients:** Kids "Funtastic" Multi-Vitamin, aged garlic extract.

### HOW IT WORKS:

Kids Moducare® is considered a daily supplement and should be taken as long as you want to aid the immune system to be balanced. Sterols and sterolins do not "fix" the immune system, but provide the nutrients needed to help keep it in balance. They are absorbed in the small intestine and are then transported to the cell lipid (fat) membrane. Here, they are beneficial to the messenger system within the cell and modulate specific immune factors that can help control disease conditions.



### DID YOU KNOW...

*The average school-age child gets between five and six colds each year.*

# Kids Grape Chewable Moducare®

## RESEARCH:

Research on sterols has been underway since the 1920s. Dr. Patrick Bouic, PhD, at Stellenbosch University in South Africa, has been researching the exact combination of sterols and sterolins found in Moducare® for over a decade. There has been extensive testing and clinical trials, including double-blind, placebo-controlled studies. This research has shown Moducare® can increase natural killer cell activity, improve the activity of T cells and may also be effective in the management of chronic inflammatory conditions such as rheumatoid arthritis and seasonal allergies. Several studies on plant sterols and sterolins have been published in international medical journals.

## SIDE EFFECTS:

Nature's Harmony® Kids Grape Chewable Moducare® is well tolerated and considered safe. However, when the immune system becomes balanced, some sensitive individuals may experience symptoms that indicate the body is trying to rid itself of toxins. These symptoms are temporary and may include digestive problems, rashes, headache and fatigue.

## INTERACTIONS AND SAFETY CONSIDERATIONS:

There are no known interactions with Moducare® and any natural supplements. There is no conclusive evidence to suggest an interaction with medication. Do not use if you are pregnant, breastfeeding or have sitosterolemia. Not for use by organ and tissue transplant recipients or individuals with a history of diabetes or multiple sclerosis, unless on the advice of and under the direct supervision of a health care practitioner. Some individuals may experience temporary digestive problems, rashes, headache and fatigue.

## OTHER CONSIDERATIONS:

The key difference between Moducare® and other immune system aids such as echinacea is that echinacea only stimulates the immune system, while Moducare® balances it. Furthermore, echinacea is not recommended for prolonged use or for people with autoimmune conditions. Moducare®, on the other hand, is a daily immune support nutrient and may be used by people with autoimmune conditions. It is suggested to take Moducare® for two to three months before evaluating whether it is effective for you.

## LABEL:

**Enfants** **Sans sucre**

Natures Harmony®  
**Moducare®**

Aide à soutenir l'équilibre sain du système immunitaire  
NPN 80007670

**60 comprimés à mâcher à saveur de raisin**

**Usage recommandé :** Aide à soutenir l'équilibre sain du système immunitaire.  
**Dose recommandée :** Enfants de 5 à 10 ans : Prendre 1 comprimé, une ou deux fois par jour. Enfants de 11 à 16 ans : Prendre 1 comprimé, deux fois par jour. Adultes et enfants âgés de 17 ans et plus : Prendre 1 comprimé, trois fois par jour. OU 2 comprimés au lever et 1 comprimé avant le coucher. Pour des résultats meilleurs, prendre avec de l'eau ou un jus, à jeun, entre les repas. Prendre pendant au moins deux à trois mois avant de constater un effet bénéfique.  
**Ingédients médicinaux :** Chaque comprimé contient : Bêta-sitostérol (provenant de résine naturelle d'huile de tall de pin)..... 20 mg Bêta-sitostéroline..... 0,2 mg  
**Ingédients non médicinaux :** cellulose, xylitol, saveur naturelle de raisin, acide citrique, acide malique, inuline, dioxyde de silicium, stéarate de magnésium.  
Ce produit ne contient aucun ingrédient laitier, oeuf, gluten, crustacés, soya, dérivés d'origine animale, ni colorants ou arômes artificiels.  
**Information sur les risques :** Ne pas utiliser si vous êtes enceinte ou allaitante, ou si vous souffrez de sitosterolemie. Ne pas utiliser chez les récipiendaires de greffes de tissus et d'organes, y inclus les greffes de moelle épinière et de cornées, chez les personnes qui ont des antécédents de diabète ou de sécheresse en plaques, à moins d'avis contraire ou sous la supervision directe d'un praticien de la santé. Certaines personnes pourraient manifester temporairement des troubles digestifs, des irritations, des maux de têtes et de la fatigue.  
**RANGER DANS UN ENDROIT FRAIS ET SEC. TENIR HORS DE LA PORTEE DES ENFANTS.**

**Recommended Use:** Helps to support a healthy immune system balance.  
**Recommended Dose:** Children 5 to 10 years: Take 1 tablet, one or two times daily. Children 11 to 16 years: Take 1 tablet, twice daily. Adults and children 17 years and over: Take 1 tablet three times daily OR 2 tablets upon arising and 1 tablet before bed.  
For best results, take with water or juice between meals on an empty stomach.  
Use for a minimum of two to three months to see a beneficial effect.  
**Medicinal Ingredients:** Each tablet contains: Beta-sitosterol (from pine tall oil pitch).....20 mg Beta-sitosterolin.....0.2 mg  
**Non-medicinal Ingredients:** Cellulose, xylitol, natural grape flavour, citric acid, malic acid, inulin, silicon dioxide, magnesium stearate.  
This product does not contain dairy, egg, gluten, shellfish, soy, animal derivatives, or artificial colours or flavours.  
**Risk Information:** Do not use if you are pregnant, breastfeeding or have sitosterolemia. Not for use by organ and tissue transplant recipients or individuals with a history of diabetes or multiple sclerosis, unless on the advice of and under the direct supervision of a health care practitioner. Some individuals may experience temporary digestive problems, rashes, headache and fatigue.  
**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.**

**Kids** **Sugar Free**

Natures Harmony®  
**Moducare®**

Helps Support a Healthy Immune System Balance  
NPN 80007670

**60 Grape Chewable Tablets**

Actual Size Grandeur réelle

DO NOT USE IF SEAL UNDER CAP IS BROKEN. NÉPAS UTILISER SI L'OPERCULE INTERIEUR EST BRISÉ.  
[www.naturesharmony.com](http://www.naturesharmony.com)  
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Une compagnie canadienne fière de l'être.

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