



Multi-mune®

Nature's Harmony® Multi-mune® contains an optimal blend of vitamins, minerals and antioxidants your body needs every day to help promote health and anti-aging. Formulated for optimal absorption, Multi-mune® works well with Moducare® for complete immune-system health.

PRODUCT CODES: 665141 (90 caps); 665145 (180caps)

HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
For cell protection and reduction of oxidative damage. For the maintenance of good health.	Capsule	One capsule three times daily with meals.

DESCRIPTION:

Nature's Harmony® Multi-mune® is a nutritional formulation of 10 ingredients, including vitamins, minerals and antioxidants (vitamins C, A, E and B6; magnesium; zinc; selenium; coenzyme Q10; reduced L-glutathione and alpha lipoic acid).

Recommended Daily Allowance : Follow a recommended daily allowance guide.

Food Sources : Fresh fruits and vegetables.

Causes of Deficiency: Exposure to sun, pollutants, drugs and stress, as well as poor dietary choices.

Symptoms of Deficiency : Free radical damage, including skin damage, disease progression and aging.

Complementary Nutrients : Aged garlic extract, Moducare.®

HOW IT WORKS:

Nature's Harmony® Multi-mune® works by limiting the effects of disease and age-promoting free radicals. An overabundance of free radicals in our bodies causes the destruction of sensitive cells and leads to disease progression and aging. Free radicals develop in our bodies as a natural by-product of food metabolism and sun exposure; they also result from exposure to pollutants, drugs, stress and poor dietary choices. Antioxidants—chemical compounds naturally produced in our bodies and also available to us in fruits and vegetables—reduce free radical damage. As we age, however, our bodies produce fewer antioxidants. Multi-mune's formulation provides a daily dose of antioxidants to boost our body's ability to prevent free radical damage.



DID YOU KNOW...

Animal products, especially red meat, contain the highest amount of dietary fat and iron—substances that cause your body to produce free radicals, and a low-fat, vegetarian diet causes the least amount of free radical damage.

Multi-mune®

RESEARCH:

Numerous studies show that the antioxidants found in Multi-mune® help to prevent damage caused by age-promoting free radicals. Research also indicates that Multi-mune's antioxidants help prevent cellular damage and aging caused by exposure to the sun, and should therefore be an essential part of your skin's sun-care plan.


SIDE EFFECTS:

No serious side effects have been reported when Multi-mune® is taken as recommended.

INTERACTIONS AND SAFETY CONSIDERATIONS:

Do not use if pregnant or breastfeeding. Consult a health care practitioner prior to use if you have diabetes, a history of non-melanoma skin cancer or are taking the prescription medications levodopa or tetracyclines.

LABEL:



Multi-mune®

Protection cellulaire et réduction des dommages oxydatifs

180 capsules
NPN 80000823

Usage recommandé: Protection cellulaire et réduction des dommages oxydatifs pour le maintien d'une bonne santé.

Posologie recommandée (adultes): Prendre 1 capsule, trois fois par jour, avec les repas.

Ingrédients médicinaux:
Chaque capsule contient:
Vitamine A (palmate)..... 120 mcg EAR/400 UI
Vitamine B6 (5-phosphate de pyridoxal)..... 15 mg
Vitamine C (ascorbates de calcium et magnésium)..... 335 mg
Vitamine E (succinate de d-alpha tocophéryle) ... 22 mg AT/33 UI
Magnésium (glycinate)..... 33 mg
Sélénium (L-sélénométhionine)..... 33 mcg
Zinc (citrate)..... 5 mg
Acide alpha-lipoïque (acide thioctique)..... 10 mg
Coenzyme Q10..... 10 mg
L-Glutathione (réduit)..... 15 mg

Ingrédient non médicamenteux: gélatine.

Information sur les risques: Ne pas utiliser si vous êtes enceinte ou allaitante. Consulter un praticien de soins de santé avant d'en faire l'usage si vous êtes diabétique, si vous prenez de la levodopa ou des tétracyclines, ou si vous avez des antécédents de cancer de la peau sans mélanome.

Ce produit ne contient pas d'ingrédients laitiers, œuf, gluten, crustacés, sulfites ou colorants, arômes ou agents de conservation artificiels.

RANGER DANS UN ENDROIT FRAIS ET SEC. TENIR HORS DE PORTEE DES ENFANTS.

Recommended Use: For cell protection and reduction of oxidative damage for the maintenance of good health.

Recommended Dose (Adults): Take 1 capsule three times a day with meals.

Medicinal Ingredients:
Each capsule contains:
Vitamin A (palmitate)..... 120 mcg RAE/400 IU
Vitamin B6 (pyridoxal-5-phosphate) 15 mg
Vitamin C (calcium and magnesium ascorbate)..... 335 mg
Vitamin E (d-alpha tocopheryl succinate)..... 22 mg AT/33 IU
Magnesium (glycinate)..... 33 mg
Selenium (L-selenomethionine) 33 mcg
Zinc (citrate)..... 5 mg
Alpha Lipoic Acid (thioctic acid)..... 10 mg
Coenzyme Q10 10 mg
L-Glutathione (reduced)..... 15 mg

Non-medicinal Ingredient: Gelatin.

Risk Information: Do not use if pregnant or breastfeeding. Consult a health care practitioner prior to use if you are diabetic, taking Levodopa or Tetracyclines or if you have a history of non-melanoma skin cancer.

This product does not contain dairy, egg, gluten, shellfish, sulfites, artificial colours, flavours or preservatives.


STORE IN A COOL DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

Actual Size
Grandeur réelle

DO NOT USE IF SEAL UNDER CAP IS BROKEN.
NE PAS UTILISER SI L'OPERCULE INTERIEUR EST BRISÉ.
www.naturesharmony.com
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A Proud Canadian Company
Une compagnie canadienne fière de l'être.



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